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AESTHETIC CENTER FOR PLASTIC SURGERY

Plastic & Reconstructive Surgery

Facial Filler Post Injection Instructions

1. You may experience swelling, tenderness, itching, pain or bruising at the injection site and in rare occasions, pustules might form. These reactions usually last only a few days, however, they might last for as long as two weeks and, in appropriate cases, may need to be treated with oral short term corticosteroids or other therapy.
2. Some visible or palpable lumps may occur temporarily following the treatment. These can be gently massaged to improve the contour.
3. You could experience increased bruising or bleeding at the injection site if you are taking aspirin or other non-steroidal anti-inflammatory drugs such as ibuprofen. These reactions generally lessen or disappear within a few days but may last for a week or longer. Unless prescribed by your doctor, it is recommended you avoid these medications for several days after your treatment.
4. If you are considering laser treatment, chemical skin peeling or any other procedure based on a skin response after facial filler treatment, or you have recently had such treatments and the skin has not healed completely, there is a possible risk of an inflammatory reaction at the injection site.
5. After treatment, within the first 24 hours you should avoid strenuous exercise, extensive sun or heat exposure and alcoholic beverages. Exposure to any of these may cause temporary redness, swelling, and/or itching at the injection sites. If there is swelling, you may need to place an ice pack over the swollen area.
6. Light make-up (preferably mineral make-up) and your normal skin care products can be applied and, the treated area can be gently washed with soap and water.
7. Most patients are pleased with the results of facial fillers. However, like any cosmetic procedure, there is no guarantee that wrinkles and folds disappear completely, or that you will not require additional treatments to achieve the results you seek. While the effects of facial fillers vary depending on type and location, the procedure is still temporary. Additional facial filler injections will be required periodically, generally within 6-12 months to maintain optimal results.

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